DON’T BE AFRAID TO DROP!!!!!!!!

This is how the son showed This is how I show

COURAGE. COURAGE

May and June: Courage

K-2 Lesson plan

For this lesson, you will introduce the book, Don’t be Afraid to Drop. Have students predict what the book may be about.

Read the book and then discuss what character trait the son was showing (Courage). Why was he scared? How did he overcome his fear?

Brainstorm on the board some things that the students are afraid of. Discuss how positive self-talk (the things they say to themselves) can help them overcome their fears. Brainstorm on the board things they can say when they are scared (i.e. “It will be okay”, “I can do this”, etc.)

Complete the attached sheet.